



I Learn





National Curriculum Spelling Requirements

- Year 1
 - Spell words containing 40+ phonemes/sounds
 - Spell all year 1 common exception words
 - Spell the days of the week
 - Use letter names to distinguish between alternative spellings of the same sounds
 - Use the spelling rule for adding –s or –es
 - Use the prefix un-
 - Use –ing, -ed, -er, and –est suffixes





National Curriculum Spelling Requirements

- Year 2
 - Segment spoken words into phonemes and represent these with graphemes
 - Learn new ways of spelling phonemes for which one or more spellings are already known, including a few common homophones (e.g. sun/son)
 - Spell all of the year 2 common exception words
 - Spell words with contracted forms (e.g. don't)
 - Learn to use the possessive apostrophe
 - Add suffixes to spell longer words e.g. –ment –ness – ful – less –ly



Top Ten ways to learn a spelling

1 Break it into sounds eg



2 Break it into syllables eg



3 Break it into root words and affixes eg



4 Use a mnemonic eg



5 Use your knowledge of word roots eg



6 Use word families eg



WOULD
SHOULD
COULD

7 See words within words eg

a friend to the end
a rat in separate



8 Use spelling rules eg



9 By sight - learn the shape of the word eg



Look, Cover, Remember, Write, Check

10 By movement - get used to writing the word with your finger, a pen, in the air.. eg



Games to help

- Memory games
- Snap
- Finding words in the books you read
- Making words, playdough
- Using different colours on the same word.
- Hide and seek.





National Curriculum Handwriting Requirements

- Year 1
 - Sit at the table correctly, holding a pencil comfortably and correctly.
 - Begin to form lower case letters in the correct direction, starting and finishing in the right place.
 - Form capital letters.
 - Form digits 0-9
 - Understand which letters belong to which handwriting ‘families’.





National Curriculum Handwriting Requirements

- Year 2
 - Form lower case letters of the correct size relative to one another.
 - Write capital letters and digits of the correct size, orientation and relationship to one another and to lower case letters.
 - Use spacing between words that reflects the size of the letters.



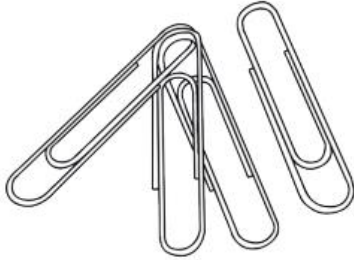
Activities to help with handwriting.

- All about building strength!
- Pen disco – fun and purposeful.
- Activities you can try at home: gross motor
- Hanging activities – do the monkey bars or do chins ups
- Climbing activities – climb ladders and ropes
- Pushing and pulling activities – pull heavy trolleys/ bags, push a child on a swing or play tug of war.
- Animal activities- do the crab (get into a table position and try to walk sideways like a crab) or the snake (lie on your tummy and pull yourself along with your hands).
- Arm activities- have a wheelbarrow race, do wall push ups or go for a crawl
- Yoga activities

Activities you can try at home: fine motor

Indoor Fine Motor Skills Challenge Cards

How many paper clips can you join together?



Indoor Fine Motor Skills Challenge Cards

Can you collect 10 pieces of pasta and 5 peas from a tray using tweezers?



Indoor Fine Motor Skills Challenge Cards

Can you thread the strings around the shapes?



Indoor Fine Motor Skills Challenge Cards

How many bubbles can you pop with your fingers?

