

Eling Infant School Knowledge Organiser: Bodies

Map of the World



The Healthy Wolf -

Story Synopsis

Healthy Wolf is anything but

chocolate and crisps but he'd

children! Luckily, he grows so

fat and his teeth go so rotten

that all he can eat is porridge.

Brownbread family who are

determined to get him into

healthy. He loves eating

really love to eat tasty

Then he meets the

shape...

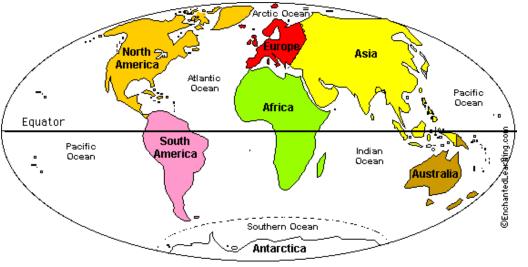
Important People

Mary Seacole



Mary Seacole was a nurse who grew up in Jamaica. She wanted to help during a war in Europe but she was refused. We remember her for her resilience and determination, which lead her to open a hotel near the battlefield to help wounded soldiers.

with Continents



Timeline of Mary Seacole's Life

Mary Jane Grant born in Kingston, Jamaica

Mary marries Edwin Seacole

Edwin Seacole dies

Mary travels to Panama and opens a hotel there

Start of the Crimean War; Mary travels to England hoping to volunteer

Mary sets up her 'British Hotel' only 4 miles from the front line End of the Crimean War; Mary returns to **England**

Mary was given 4 medals from the British Government

Mary dies in London

1857

1881

1805 1836

1844

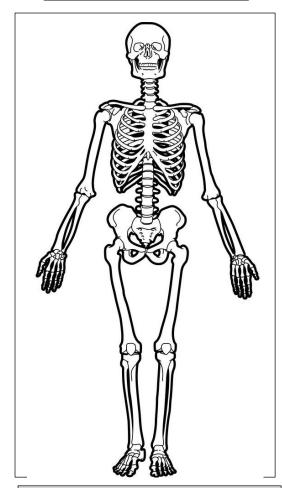
1851

1854

1855

1856

A Human Skeleton



PSHRE / Growth Mindset

Responsibility Wellbeing

Healthy First Aid

Fitness Looking after our

bodies

Science - Healthy Living

The eatwell plate

Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.





Key Vocabulary

Bones – Hard material that makes up a human skeleton.

Skeleton – Bones inside your body form a structure called a skeleton. The skeleton protects your organs.

Organs – Heart, skin, eyes, lungs and brain are all examples of organs inside animals and humans.

Muscles – Muscles are organs that make your body move.

Exercise – Being physically active.

Healthy – Being well and having good health.

Hygiene – Keeping your body clean and looking after yourself.

Carbohydrates – Foods that gives the body energy.

Protein – Food that helps your muscles grow.

Dairy – Food that gives your body calcium.

Fats – Give you energy but too much is bad for you.

Nutrients – Foods that help you grow.